



Afterlife

Music: Michael Schulte, Single
 ISWC: T-331.261.499-2
 Choreo: Danielle Saathoff (d_saathoff@gmx.de)
 (5th Brunswiek Dance 2025, Braunschweig)

Intermediate
2:40
126 bpm

Sequence: **A* A* Brk B C A Brk B C Bridge C***
wait 8 beats

Part A* (32)

MJ Heel DS DS(xib) R H(w, **turn 1/4 L**) S RS DS H(w) H(w) RS
 L R L R L RL R L R LR
 &1 &2 & 3 4 &5 &6 & 7 &8

Jack & Jill DS DS DS DS DR S DR S DR S DR S **move fwd on beat 1-4,**
 L R L R R L L R R L L R **move bw on beat 5-8**
 &1 &2 &3 &4 & 5 & 6 & 7 & 8

repeat all above as written

Break (16)

Rock Slur DS SLR S(ib) R S(ots) SLR S(ib) R S(ots) SLR S(ib) RS BR UP/H
 L R R L R L L R L R R LR L L R
 &1 & 2 & 3 & 4 & 5 & 6 &7 & 8

Triple DS DS DS RS
 L R L RL
 &1 &2 &3 &4

Sto & wait STO p p p
 R
 1 2 3 4

Part B (32)

Nicky DS TCH(if) H TCH(ib) H TCH(if) H R H(w/ots) SLR S(ib) R H(w) S
 L R L R L R L R L R R L R **(1/2R)** L
 &1 & 2 & 3 & 4 & 5 & 6 & 7 8

Triple DS DS DS RS
 R L R LR
 &1 &2 &3 &4

Omi DS DS(xib) R H(ots) R(xib) S(xif)
 L R L R R L
 &1 &2 & 3 & 4

repeat all above opposite footwork & direction

Sequence: A* A* Brk B C A Brk B C Bridge C***Part C** (32)

Samantha Pivot DS DS(xif) DR S(ib) DR S(ib) R H(w) (turn 1/2) S DS DS
 Mod. L R R L L R L R (turn 1/2 R) L R L
 &1 &2 & 3 & 4 & 5 6 &7 &8

Slur Brush DS SLR S(xib) DS BR UP/H
 R L L R L L R
 &1 & 2 &3 & 4

Omi DS DS(xib) R H(ots) R(xib) S(xif)
 L R L R R L
 &1 &2 & 3 & 4

repeat all above opposite footwork & direction

Part A (32)

Like Part A*, but MJ Heel turn 1/2L

Bridge (32)

4 Shane`s S(if) PVT(1/4R) S S RS S(if) PVT(1/2L) S S RS
 Cha Cha Mixer L both R L RL R both L R LR
 1 & 2 3 &4 5 & 6 7 &8

Part C* (32)

Like Part C and add 1 Step L